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Strawberry Tahini Overnight Oats

1 serving
8 hours

Ingredients

41 grams Oats
180 milliliters Plain Coconut Milk (from the carton)
24 grams Chia Seeds
30 grams Tahini
325 milligrams Cinnamon
72 grams Strawberries (halved)

Directions

1. Add the oats, milk, chia seeds, tahini, cinnamon, and strawberries to a mixing bowl. Mix well. Cover and place in the fridge overnight, or for at least 8 hours.
2. Remove the oats from the fridge and enjoy!

Notes

Leftovers: Refrigerate in an airtight container for up to three days.
No Coconut Milk: Use another dairy-free milk.
No Tahini: Use any other nut or seed butter instead.
Likes it Sweeter: Add a drizzle of maple syrup or other sweetener.